MORNING HELPER

LEARNING / SCHOOL

- Reading Aloud Chapter Books
- Reading Picture Books
- Being available for Math Time/Questions
- Listening to an emerging reader read-aloud
- Supervising an Art Project
- Prepping an Art Project
- Planning an Art Project
- Sharing a special area of knowledge
- Correcting Papers / Assignments
- Being in charge of one child
- Being in charge of one subject
- Playing any learning games
- Guide a Nature Walk or Scavenger Hunt
- Teach special skills to any older kids: tie shoes, cook, fold laundry, etc.

<u>LITTLE ONES</u> – helpful so mom can have quiet, uninterrupted time with the older children

- Art projects with littles
- Nature Walks outside
- Supervising play outside
- Going to the park
- Activities games, puzzles, shapes, drawing, etc.
- Songs / Circle Time
- Give Baths

ORGANIZING

- Straightening Shelves
- Organizing an area
- Sorting Papers
- Filing
- Getting Notebooks Ready
- Changing Display Areas

HOUSEWORK

- Cleaning up kitchen after a meal
- Preparing Lunch
- Prepping Dinner ahead of time
- Prepping Breakfast making muffin dough, waffles, etc.
- Prepping food chopping, prepping, freezing....ie: fry large amounts of hamburger, cook chicken and freeze it

LAUNDRY

- Iron
- Fold Clothes
- Mend Clothing
- Put Away Clothing
- Match Outfits
- Light housekeeping tasks
- Gardening / Weeding / light yard work
- Harder-to-do-chores if a mom is pregnant
- Supervising Kids doing Chores
- Supervising Kids doing Outside Chores
- Help Kids make Beds
- Supervise Room Cleaning
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ERRANDS

- Shopping
- Running Errands
- Library Stops

Babysit while Mom naps or plans